


Program: Wellness Committee			
Date: 1.15.21	Time: 2:30 pm		Location: Zoom
Previous Mtg: 9.18.20	Next Meeting:		
Facilitator: Chasity Love	Time Keeper:		
Note Taker: Becky Bond			
AIM 1	To provide wellness initiatives to the staff and students at the Greene County Career Center		
Members:	Chasity Love, Dr. Downing, Maurice Harden, Lyna McKinley, Becky Bond, Michelle Martin, Jenny Adkins, Ginny Potter, Sophie Adkins and Steve McQueen. (Lyna, Michelle, Jenny, Ginny and Mr. McQueen were not present)		
Previous Action Items	Person(s) Responsible	Update/Notes	
Passed out Stress Balls	Chasity		
Wellness Funds	Ginny		
Sept EPC	Chasity		
Student Wellness Discussion with students	Sophie		
Topic	Time	Discussion	Notes
Pickle Ball Court			Dr. Downing received permission from Ginny Potter to order equipment for pickle ball. Chasity and Becky will work on quote/requisition.
EPC Update			Chasity reported only 14 staff members have completed to date. Wellness members will concentrate on areas of the building to encourage fellow staff to complete the EPC: Chasity -Science wing, CJ, Sports & Exercise Lyna -Upstairs academics Maurice -High bay labs Ginny -Board Office staff Becky -IT, Cyber, DM, V&A, Engineering, Vet, COS, Career X, Mullen, Marino Jenny -Student Services office Pam -Main Office staff
Other Wellness Activities			Sophie -Suggested classes may take a break and be permitted to take a walk outside.

Program:	Wellness Committee		
Date:	2.24.21	Time:	2:30 pm
		Location:	TEAMS
Previous Mtg:		Next Meeting:	3.19.21
Facilitator:	Chasity Love	Time Keeper:	
Note Taker:	Becky Bond		



Discussion

AIM 1	To provide wellness initiatives to the staff and students at the Greene County Career Center
Members	Chasity Love, Dr. Downing, Maurice Harden, Lyna McKinley, Becky Bond, Michelle Martin, Jenny Adkins, Ginny Potter, Sophie Adkins and Steve McQueen (Chasity, Ginny, Sophie and Mr. McQueen were not present)

Follow-up Assessment

Previous Action Items	Person(s) Responsible	Update/Notes

Agenda

Topic	Time	Discussion	Notes
EPC Progress			<p>We are only 18% completed with our EPC Goal. Since we have 99 eligible, only 18 people have completed their EPC.</p> <ul style="list-style-type: none"> Pam reminded everyone of their assigned staff members. She asked everyone to continue to encourage their people to complete the EPC Wellness challenge. Becky sent email reminders last week, Pam has talked with front office staff, Lyna will send out emails today, Maurice has high bay labs working on their challenge, and Jenny will contact the Student Services staff members.
Pickleball			<p>All the pickleball items have been ordered and delivered.</p> <ul style="list-style-type: none"> Maurice volunteered to contact John Wilson to see if he would be interested in helping to coordinate Pickleball games. It was suggested to begin games on Friday March 12th at 2:30. This will allow staff participating in the vaccination clinics